



Health and Safety Plan

Promoting Safety on Campus from Infection During an Epidemic or Pandemic

Original: August 2020

Revised: February 2021

Introduction

This Plan been developed with the guidance from Washington State Department of Health in collaboration with the Office of Superintendent of Public Instruction (OSPI) in their set of rules and guidance for student and staff health and safety laid out in their District Planning Guide '**Reopening Washington Schools 2020.**'

The Centers for Disease Control (CDC), the American Academy of Pediatrics (AAP), and the Washington State Superintendent's office have all issued statements summer 2020 recommending in classroom instruction this fall and we believe in classroom instruction is essential to the education and development of the students of St. John of Kronstadt School.

Purpose

The purpose of this policy is to provide guidelines to the administration, staff and students for promoting safety from infection while on SJKS campus during the COVID-19 pandemic and other infections during a pandemic.

This policy will be continually reviewed and updated as guidance changes, which may come in short notice. For this understanding, we thank you and we ask for your prayers as we move forward with Face-to-Face instruction at our school. We also ask that you monitor your families closely and to err on the side of caution and keep students at home if they or family members develop symptoms of COVID-19, influenza or gastroenteritis.

Staff arrival

- All staff will review the notice posted on the door each day upon entry with a list of possible symptoms related to COVID-19 and will not enter the building unless the answer is "No" to all questions. In fact, staff should familiarize themselves with this list and not leave home in the morning if they develop symptoms, and should contact the Principal as soon as possible.
- All staff will take and record their temperature on the sign-in sheet.
- If any responses to the Health Survey are YES and/or temperature is above 100.0° F, the staff member must notify the Principal immediately and go home for the day.

Parent obligation:

- It is imperative that parents understand their full responsibility and obligation to ensure the safety of their children as well as their classmates and school staff. With this in mind, we expect that if your child is showing symptoms of COVID-19 or flu, that you will keep your child(ren) home as to not jeopardize the health and safety of others. Additionally, if called to pick up your child, please make every effort to do so in the timeliest manner.
- If family members are sick with COVID-19 symptoms or if there is a diagnosed case in the household, children should be kept at home. See page 5.
- If there is any suspicion of fever or any symptoms of illness, take the child's temperature at home before using fever reducers. If oral, forehead, temporal, or rectal temperature is over 100° F or axillary (under the arm) is over 99° F please do not bring the child to school. If axillary temperature is over 98 degrees, and forehead or temporal temperature is over 99° F please confirm the measurement with an oral or rectal temperature and do not bring the child to school if the confirmatory temperature measurement method is over 100° F.
- If the child's forehead reading is over 100° F at drop off, the child will be required to go home for the day; and if other symptoms develop, be tested.

Student drop-off:

- Please wait until your child(ren) has been temperature screened before leaving.

- Students must wear a face covering (mask, cloth covering, or face shield) upon exiting their parent/guardian's vehicle and while waiting for check-in.
- Students will proceed directly to their assigned check in location and must maintain distancing of 6 feet with non-family member groups.
- Students temperatures will be taken and recorded.
- Upon entering the building, each student will use hand sanitizer or wash their hands, if visibly dirty.

Reducing Transmission

- According to the guidelines from the Office of Superintendent of Public Instruction, social distancing of 6 feet is required in the classroom for teachers and students when sitting down.
 - Both the DOH and L&I recognize that some tasks and movements will require proximities closer than six feet, including passing in the hallway or a teacher moving around in the classroom.
- Physical distancing will be maintained as much as possible. There will be times when physical distancing is not possible, but particularly during these times students will be required to wear masks or shields; other types of barriers may also be employed.
- All students and staff must wear cloth mask or face covering. Face shields are a permissible substitute. Disposable surgical-style masks are on the school supply list for the year and will be used if the original face covering is soiled or destroyed.
 - A clean mask/face covering should be put on at the beginning of each day. Dirty masks should be disposed of or washed before they are used again.
 - Masks/face coverings should be plain or simple (no logos, words, etc.) and be in accordance with the general nature of the dress code policy.
- Desks will be situated to allow for social distancing. Students will be grouped in family units whenever possible, and the use of barriers may be employed between desks if necessary.
- Students and staff will wash hands or use hand sanitizer upon entering the building and when entering or exiting a classroom. Students and staff will also wash hands after using the restroom and before and after lunch.
- Students and staff will perform regular cleanings of desks and doorknobs with disinfectant throughout the day and a cleaning of all surfaces each evening or the following morning before student arrival.

- There will be no shared materials or supplies in the classroom besides paper. Teachers will develop protocols for distributing and collecting materials, student work, work sheets, etc.
- Gloves will be available for teachers.
- Students should bring a personal water bottle with a cap.
 - The water fountain will only be used to fill drinking bottles and will not be operated and used for direct consumption.
 - Students will develop a routine of checking and filling water bottles as needed before each class session.
- There are individuals who should not wear masks for health and safety reasons. Shields are an acceptable alternative in most cases. Allowances will be made and determined by the Principal on a case-by-case basis.

Bathrooms and Hallways:

- Students should not congregate in hallways, bathrooms, or entryways.
- Students may be assigned particular bathrooms.

Lunch

- Students will wash their hands or use hand sanitizer before eating.
- Students will be grouped by family assignments.
- Groups of students will be separated by unoccupied tables.
- Masks are not required at lunch or at recess.
- A microwave will be available to students for use during lunch. An adult lunch supervisor will manage the operation of the unit (open door & push set the time). Students will handle their own lunch. The microwave and tables will be sanitized between uses.

Recess

- Masks are not required at recess but hand sanitization (or hand washing if visibly dirty) and masks or face covers are required before returning to class.

Student Pick-Up

- Parents/guardians will maintain social distancing and wear a mask or face covering if they exit their vehicle to pick up their children.
- We request that parents wait inside their cars for their children.
- Any students waiting outside for their parent/guardian must maintain social distancing or stay in family groups and wear their mask or face covering until they are in their vehicle.

Parent Visits/Volunteers

- It is strongly recommended by the state guidelines that guests and vendors be strictly limited to reduce transmission/exposure.

- It is recommended that parents and volunteers be limited to reduce transmission/exposure.
- Parents/volunteers will be referred to the symptom screening tool posted on the school door and will be denied entry if any answers are “yes” and/or if their temperature reads over 100° F.
- If a child is late or needs to be picked up for an appointment, we request that parents/guardians call the school. The child will be called to meet them at the door.
- If a child is being returned to school, they must follow the building entry protocols prior to entering.
- **What to do if a student or staff member has COVID-19 symptoms but has not been around anyone diagnosed with COVID-19?** If you have symptoms of COVID-19, or if you have been exposed to someone with confirmed COVID-19, contact your health care provider for a COVID-19 test. Common symptoms of COVID-19 are fever, cough, shortness of breath, chills, muscle pain, headache, sore throat, and new loss of taste or smell.
- **What to do if a student or staff member has been in close contact* with someone diagnosed with COVID-19, but student or staff member is not sick?**
The individual should watch for symptoms associated with COVID-19 and begin a self-quarantine. . The student or staff member should not go to work, childcare, school, or public places for the duration of the quarantine
 - * Close contact is defined by the health department as being within 6 feet of someone diagnosed with COVID-19 for more than 15 minutes.
- **Returning to School After Having Suspected Signs of COVID-19**
- A staff member or student who had symptoms of suspected or confirmed COVID-19 can return to school when:
 - ✦ At least three days (72 hours) have passed since recovery – defined as no fever without the use of medications and improvement in respiratory signs like cough and shortness of breath; **AND**
 - ✦ At least 10 days have passed since symptoms first showed up. **OR**
 - ✦ It has been at least three days (72 hours) since recovery **AND** a health care provider has certified that the person does not have COVID-19.
- If a student or staff member is diagnosed with COVID-19, their family should notify the school. The Department of Health will advise the school on next steps, and it is likely that many of the other students or staff who were in close contact with the infected individual will need to self-quarantine

- Does school have to close when there is a confirmed case of COVID-19? Not necessarily. Once a case has been confirmed, the DOH will take over any contact tracing strategies. The response will depend on the number of cases, the extent of the exposure, and whether the virus appears to be spreading within the school.
- If a person believes they have had close contact to someone diagnosed positive with COVID-19, they will be required to quarantine at home, watching for signs and symptoms of COVID-19.
- **For how long must a “close contact” of a person diagnosed with COVID-19 quarantine?**
 - Formerly CDC guidelines recommended a 14-day quarantine. As of December 2020, [the quarantine may be shortened to 10 days](#) from the time of last exposure to an infected individual (or 7 days with a negative COVID test taken 5-6 days past last exposure).
 - A negative COVID-test is not generally required to end a 10–14-day quarantine unless there is concern about additional possible household or other exposures during the quarantine period.
 - The Principal or Administrator of the school will utilize the most recent guidelines put forth by the CDC and the local and state authorities, as well as consult with the designated team as necessary, to apply these guidelines and this policy to individual circumstances.

Remote Learning

- If a student is home sick from school, arrangements will be made on a case-by-case basis for classroom work to be completed.

Training

- Teachers and staff will receive training on:
 - The Health and Safety plan.
 - Social distancing expectations for prior to school, in class, at recess, during transitions, during lunch, at end of the day, etc.
 - Building and classroom disinfecting procedures.
 - Personal hygiene for teachers, staff and students.
 - Mask and face covering expectations.
 - Mandated L&I Training (PPT).
- Much of the first few weeks of school will be spent educating the students about these new expectations and guidelines including properly washing hands and using a paper towel to turn off the faucet and open the door before discarding.
- Teachers will also include in-class training for students to use and access the selected communication platforms in the event that school is temporarily closed and we enter into distance learning.